



Menu

For your journey today, we have created a menu of appetising meals. A selection of drinks and snacks will also be offered throughout the flight.

The Journey Planner below features a service timeline to help you plan your flight. Our cabin crew are always available to assist in making your flight more comfortable.

Whilst we make every effort to provide your preferred meal or snack choice, we apologise if it is unavailable.

Enjoy your flight.

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* This meal meets strict standards for serve size, saturated fat, salt and vegetable / fibre.

CERT TM used under licence

Your Journey Planner

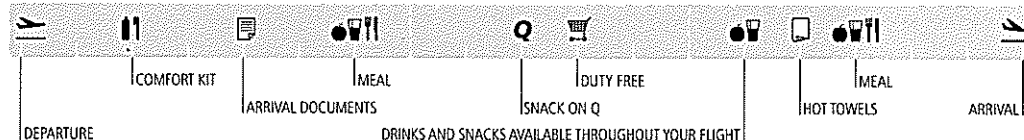
FIRST 3 HOURS OF FLIGHT

LAST 3 HOURS OF FLIGHT



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LAST 3 HOURS OF FLIGHT



Dinner to Bangkok

Dinner

Mesclun Salad with Balsamic Vinaigrette

Choice of Grilled Chicken with Fennel and Saffron Sauce, Risoni and Green Beans * or Italian Style Braised Beef with Potatoes and Roasted Pumpkin

Cheese and Crackers

Coffee Tea

Ice Cream

Fresh fruit will be served throughout your flight

Relax and Unwind

Cadbury Hot Chocolate or Organic Chamomile Tea

Refreshment

Baked Pasta with Tomato and Capers

Melon, Pineapple and Orange Salad

Coffee Tea

Bangkok to London

Supper

Cucumber and Pomelo Salad

Choice of Chicken Mussaman with Rice and Asian Greens or Penne Pasta in a Tomato and Mushroom Sauce

Bread and Butter Pudding with Vanilla cream

Coffee Tea

Cadbury Hot Chocolate

Organic Chamomile Tea

snack on Q

We are pleased to offer bottled water and snacks to enjoy at your leisure. Fresh fruit is available on your flight.

Breakfast

Choice of Continental Breakfast Orange Juice

Yoghurt

Toasted Muesli

Fruit Bun

Tropical Fruit Platter

or Hot Breakfast Orange Juice

Fruit Salad

Yoghurt

Fruit Bun

Bacon and Cheese Frittata with Slow Roasted Tomatoes

Coffee Tea

Beverages

A range of drinks, including water is available throughout your flight.

Australian Wine
A selection of light and full bodied white and red wines.

Australian Sparkling Wine
200ml Chardonnay Pinot Noir by Jacob's Creek

Spirits
Bacardi White Rum
Bundaberg Dark Rum
Gordon's Gin
Jim Beam Bourbon
Johnnie Walker Red Whisky
Smirnoff Vodka
St Agnes 3 Star Brandy

Beers
Hahn Premium Light
Tooheys New
Victoria Bitter

Non Alcoholic
Apple Juice
Orange Juice
Ribena Blackcurrant Drink
Spicy Tomato Juice
Tomato Juice
Soda Water
Tonic Water
Bundaberg Ginger Beer
Cola or Diet Cola
Ginger Ale
Lemonade
Solo – Lemon Squash