

Flight Attendant Water Competency Assessment Form

As you are submitting an application for the position of Flight Attendant, you will be required to demonstrate a pre-determined level of swimming ability.

If you possess any of the following please scan and attach a copy of your certificate (certification must be current) to your online application.

Bronze Medallion	Pool Lifeguard Award
Bronze Star	Pool Lifeguard License
Bronze Cross	Other – please provide details

If you do not currently possess any of the above, you must be assessed using this form. These competencies must be current at the time of application.

Assessment of Water Competency

You are required to contact a pool in your local area and make an appointment to be assessed by a **Qualified Lifeguard**. You will be required to demonstrate that you can swim 50 meters in Freestyle, Breaststroke or Sidestroke unaided and tread water for three (3) minutes unaided without stopping.

Please complete this section

I, _____, applicant for a Flight Attendant role have been assessed for the following competencies:

Assessors – please tick if competent, please cross if not competent.

☐ **Swim 50m in Freestyle, Breaststroke or Sidestroke unaided**

☐ **Tread water for three (3) minutes unaided without stopping**

Assessed by Qualified Lifeguard

Lifeguard Name	
Lifeguard Signature	
Lifeguard Member/License/Client Number	

Applicants please scan and upload this form to your online application.